



**TEACHER
BENEFIT
GUIDE
2023**

CONTACT INFORMATION FOR BENEFIT VENDORS

Pierz ISD #484 Human Resources/Payroll

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Health Insurance 4

HealthPartners w/ Sourcewell

Member Services: 7:00 am- 7:00 pm (CST) Monday-Friday

800-883-2177 or 952-883-5000

<https://www.healthpartners.com/>

Health Savings Account 5

Farmers & Merchants, Pierz

320-468-6422

www.fmpierz.com

Dental Insurance 6

HealthPartners Dental

Members Services: 7:00 am- 7:00 pm (CST) Monday- Friday

800-883-2177 or 952-883-5000

<https://www.healthpartners.com/>

Vision Insurance 7

EyeMed

<https://eyemed.com/en-us>

Long-term Disability Insurance..... 8

Reliance Standard

Policy #: LTD687214

Customer Service: 8:00 am- 5:00 pm (CST) Monday- Friday

Life and Accidental Death & Dismemberment Insurance 9

Reliance Standard

Policy #: GL682957

Customer Service: 8:00 am- 5:00 pm (CST) Monday- Friday

Flexible Spending Account 10

Educators Benefits Consultants / Aviben

Customer Service: 8:00 am- 5:00 pm (CST) Monday-Friday

888-507-6053 or 763-552-6053

HOW TO ENROLL

Please refer to your New Hire folder for the applicable forms and/or online links that are required for each benefit.

The FSA program does have online enrollment also with EBC. The other necessary enrollment or change forms are also available on the school's website under [Departments / Human Resources / Employee Benefits](#).

WHEN TO ENROLL

Teachers are initially eligible for medical, dental, vision, and life and disability coverage on September 1st, which is the first of the month following first day worked.

Other eligible employees are eligible for benefits the first of the month following the first day worked.

You must enroll for benefits within 30 days of becoming eligible or if you have a life-changing qualifying event.

If you do not enroll within this time period you will need to wait for the next open enrollment period (usually in November of each year). The benefits you choose during open enrollment will be effective on the following January 1st.

HOW TO MAKE CHANGES

Unless you experience a life-changing qualifying event, you **cannot** make changes to your benefits until the next open enrollment period. Qualifying events include things like:

- Marriage, divorce or legal separation
- Birth or adoption of a child
- Change in child's dependent status
- Death of a spouse, child or other qualified dependent
- Change in employment status or a change in coverage under another employer-sponsored plan

HEALTH INSURANCE

We are with the Sourcewell Pool for 2023 and HealthPartners is the insurance carrier.

There are three different SmartPlan options, all of them are HSA eligible plans.

HealthPartners SmartPlans			
Plan and In-Network Benefits	\$1500 Deductible	\$3000 Deductible	\$3850 Deductible
Deductible	\$1500 Individual \$3000 Family	\$3000 Individual \$6000 Family	\$3850 Individual \$7700 Family
Out of Pocket Max (Medical & Rx)	\$1500 Individual \$3000 Family	\$3000 Individual \$6000 Family	\$3850 Individual \$7700 Family
Preventative Care	100% Coverage	100% Coverage	100% Coverage
Office Visits	100% after Deductible	100% after Deductible	100% after Deductible
Hospital Visits	100% after Deductible	100% after Deductible	100% after Deductible
Prescription Coverage	100% after Deductible	100% after Deductible	100% after Deductible
Prescription Out of Pocket Max	Included in deductible	Included in deductible	Included in deductible
*Out of Network - Deductibles are doubled, Out-of-Pocket Maximums are tripled and coverage is 80% after deductible			

YOUR COST IN 2023

*The employee only plan employer total monthly contribution is \$808, remaining employer contribution amounts deposited into an HSA account. *A more detailed benefit guide can be found online on the school's website under [Departments / Human Resources / Employee Benefits](#).*

2023 CONTRIBUTION AMOUNTS PER PAYROLL					
Plan Choice	Employee/ Employer	Employee Only	Employee + Child(ren)	Employee + Spouse	Family
\$1500 Ded	Employee Per Pay Check	\$0.00	\$159.11	\$263.63	\$507.54
	Employer Contribution	\$377.50	\$541.50	\$541.50	\$541.50
\$3000 Ded	Employee Per Pay Check	\$0.00	\$98.60	\$193.03	\$413.40
	Employer Contribution	\$343.88	\$541.50	\$541.50	\$541.50
\$3850 Ded	Employee Per Pay Check	\$0.00	\$67.84	\$157.14	\$365.55
	Employer Contribution	\$326.80	\$541.50	\$541.50	\$541.50

Health Savings Account

FARMERS & MERCHANTS BANK

Health savings accounts (HSAs) are a great way to save money and budget for qualified medical expenses. HSAs are tax-advantaged savings accounts that accompany high deductible health plans (HDHPs). HDHPs offer lower monthly premiums in exchange for a higher deductible (the amount you pay before insurance kicks in).

What are the benefits of an HSA?

- **It saves you money.** HDHPs have lower monthly premiums, meaning less money is being taken out of your paycheck.
- **It is portable.** The money in your HSA is carried over from year to year and is yours to keep, even if you leave the company.
- **It is a tax-saver**—HSA contributions are made with pre-tax dollars. Since your taxable income is decreased by your contributions, you'll pay less in taxes.

How an HSA works:

- You can contribute to your HSA via payroll deduction, online banking transfer, or by sending a personal check. Your employer or third parties, such as a spouse or parent, may contribute to your account as well.
- You can pay for qualified medical expenses with your Health Benefits Debit Card directly to your medical provider or pay out-of-pocket. You can either choose to reimburse yourself or keep the funds in your HSA to grow your savings.
- Unused funds will roll over year to year. After age 65, funds can be withdrawn for any purpose without penalty (subject to ordinary income taxes).
- Check balances and account information via F & M's Website or mobile device 24/7.

Are you eligible for an HSA?

If you have a qualified High Deductible Health Plan (HDHP) - either through your employer, through your spouse, or one you've purchased on your own - chances are you can open an HSA. Additionally:

- You cannot be covered by any other non-HSA-compatible health plan, including Medicare Parts A and B.
- You cannot be covered by TriCare.
- You cannot be claimed as a dependent on another person's tax return (unless it's your spouse). You must be covered by the qualified HDHP on the first day of the month.

What are the annual IRS contribution limits?

The maximum amount that you can contribute to an HSA in **2023** is **\$3,850 for individual coverage and \$7,700 for family coverage**.

Additionally, if you are age 55 or older, you may make an additional "catch-up" contribution of \$1,000 per year. You may change your contribution amount at any time throughout the year as long as you don't exceed the annual maximum.

Which expenses can be reimbursed by an HSA?

Reimbursement *Health Savings Account* lets you pay for medical care expenses not covered by your insurance plan with pre-tax dollars.

Unfortunately, we cannot provide a definitive list of "qualified medical expenses." A determination of whether an expense is for "medical care" is based on all the relevant facts and circumstances. To be an expense for medical care, the expense has to be primarily for the prevention or alleviation of a physical or mental defect or illness. More information can be found on irs.gov website at: <https://www.irs.gov/pub/irs-pdf/p502.pdf>.

Dental Insurance

HEALTHPARTNERS DENTAL

Dental insurance is a voluntary benefit that is fully paid for by the employee and provided by HealthPartners Dental. Dental insurance changes can be made during open enrollment, or if there are qualifying events as noted on page 3.

HealthPartners Dental			
Type of Service	Benefit Level 1	Benefit Level 2*	Out of Network*
Preventive Services Exams, cleanings, X-rays	100%	100%	100%
Deductible	\$25 per person \$75 per family	\$50 per person \$150 per family	\$50 per person \$150 per family
Basic I Services Fillings, simple extractions	100%/80%	80%	50%
Basic II Services Oral surgery, periodontics	80%	50%	50%
Major Services Crowns, bridges, dentures, implants	50%	50%	0%
Annual Maximum	\$1,500 per person	\$1,000 per person	\$750 per person
*There is a 6 month waiting period for basic I and II services and a 12 month waiting period for major services if using level 2 or out of network dentists.			

2023 RATES	
	Employee Cost
Single	\$34.79 per month, \$17.40 per pay check
Single + 1	\$69.22 per month, \$34.61 per pay check
Family	\$104.33 per month, \$52.16 per pay check

There was a 5.9% increase in dental benefit premium from 2022 to 2023. No changes to benefit structure.
2022 rates: Single - \$32.85, Single + 1 – 65.36, Family - \$98.52

*A more detailed dental benefit guide can be found online on the school's website under Departments / Human Resources / Employee Benefits

Vision Insurance

EYEMED

Vision insurance is a voluntary benefit that is fully paid for by the employee and provided by EyeMed. Vision insurance changes can be made during open enrollment, or if there are qualifying events as noted on page 3.

EyeMed Vision Plan		
Type of Service	In-Network	Out of Network Reimbursement
Frame	\$0 copay; 20% off balance over \$150 allowance	Up to \$105
Contact Lenses – (includes materials only)	Conventional – \$0 copay Disposable – \$0 copay Medically Necessary – Paid in full	Up to \$150
Standard Plastic Lenses	\$20 copay	Varies
Progressive Lenses	\$75-\$195 copay	Up to \$50
Anti-Reflective Coating	\$45-\$85 copay	Up to \$23
Contact lens fit and follow up	Up to \$40	-
*See detailed coverage information on website		

2023 RATES	
	Employee Cost
Single	\$5.95 per month, \$2.98 per pay check
Employee + Spouse	\$11.31 per month, \$5.66 per pay check
Employee + Child(ren)	\$11.90 per month, \$5.95 per pay check
Family	\$17.49 per month, \$8.75 per pay check

*There was no change in rates for Vision from 2022 to 2023.

A more detailed vision benefit guide can be found online on the school's website under Departments / Human Resources / Employee Benefits

Disability Income Benefits

RELIANCE STANDARD

Pierz School provides teachers who work with long-term disability income benefits based on eligibility noted in the teacher master agreement. Without disability coverage, you and your family may struggle to get by if you miss work due to an injury or illness.

The monthly premium is paid for by the employee, up to a maximum of \$9.42 per month. When the premium is paid for by the employee, the benefit amount received is non-taxable. Enrollment is required.

In the event that you become disabled from a non-work-related injury or sickness, disability income benefits will provide a partial replacement of lost income.

	Long-term Disability
Benefits Begin	Following 60 consecutive days of total disability
Benefits Payable	To age 65
Percentage of Income Replaced	60% of monthly earnings
Maximum Benefit	\$2,500 per month

****You are enrolled in LTD when you are hired. This is not an optional benefit and only here for informational purposes.**

Basic Life Insurance

RELIANCE INSURANCE COMPANY

Life insurance can help provide for your loved ones if something were to happen to you. Pierz School provides teachers \$50,000 in group life and accidental death and dismemberment (AD&D) insurance based on eligibility noted in the teacher master agreement.

Pierz School pays for the full cost of this benefit—meaning you are not responsible for paying any monthly premiums. **Contact HR if you would like to update your beneficiary information.**

VOLUNTARY LIFE INSURANCE

While Pierz ISD #484 offers basic life insurance, some employees may want to purchase additional coverage. There is no “open enrollment” for life insurance after initial hire. You can enroll in voluntary life insurance anytime with an additional evidence of insurability enrollment form that would be subject to review.

Voluntary Life & AD&D	Employee	Spouse	Children Up to age 26
Minimum	\$50,000	\$25,000	\$10,000
Maximum	\$100,000	\$50,000	\$10,000
*If you do not enroll when first eligible (within 30 days of your eligibility date) you will be considered a late entrant and you will need to provide evidence of insurability and go through underwriting to be approved for coverage.			

Monthly Cost for Supplemental Employee Insurance Coverage											
Age	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
\$50,000	\$3.60	\$3.60	\$4.00	\$4.40	\$6.00	\$9.60	\$14.00	\$22.00	\$32.00	\$32.00	\$32.00
\$100,000	\$7.20	\$7.20	\$8.00	\$8.80	\$12.00	\$19.20	\$28.00	\$44.00	\$64.00	\$64.00	\$64.00
Monthly Cost for Spouse Life Insurance Coverage											
Age	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
\$25,000	\$1.80	\$1.80	\$2.00	\$2.20	\$3.00	\$4.80	\$7.00	\$11.00	\$16.00	\$16.00	\$16.00
\$50,000	\$3.60	\$3.60	\$4.00	\$4.40	\$6.00	\$9.60	\$14.00	\$22.00	\$32.00	\$32.00	\$32.00
Dependent Children*	\$2.00 (\$10,000) per family unit (for all children not per child)										

*Please note if you have Voluntary Life coverage for your dependent(s), the coverage will end at age 26. If your child reaches the limiting age, you are responsible for notifying HR.

Flexible Spending Accounts

EDUCATOR BENEFITS CONSULTANTS / AVIBEN

Paying for health care can be stressful. That's why Pierz ISD #484 offers an employer-sponsored flexible spending account (FSA). **Please note if you are enrolling in the Health Savings Account (HSA), you can only use the Limited Use Medical FSA or the Dependent Care section of an FSA.** You would use your HSA for health expenses.

WHAT ARE THE BENEFITS OF A MEDICAL FSA?

- **It saves you money.** Allows you to put aside money tax-free that can be used for qualified medical expenses (up to \$3,050 for 2023).
- **It's a tax-saver.** Since your taxable income is decreased by your contributions, you'll pay less in taxes.
- **It is flexible.** You can use your FSA funds at any time, even if it's the beginning of the year.

WHAT IS A DEPENDENT CARE FSA?

Dependent Care FSAs allow you to contribute pre-tax dollars to qualified dependent care. The maximum amount you may contribute each year is \$5,000 (or \$2,500 if married and filing separately).

WHAT IS A LIMITED USE FSA?

A Limited Use FSA is available for employees with a High Deductible Plan contributing to an HSA account. **The funds contributed to a Limited Use FSA can only be used for eligible dental and vision care expenses.**

****You cannot stockpile money in your FSA. If you do not use it, you lose it.** You should only contribute the amount of money you expect to pay out of pocket that year.

HOW DO I ENROLL?

Enrollment can be done online with EBC or on an enrollment form.

REMINDER - You must re-enroll in your FSA each year during open enrollment.

WHICH EXPENSES CAN BE REIMBURSED BY AN FSA/HSA?

Reimbursement *Flexible Spending Account* or *Health Savings Account* lets you pay for medical care expenses not covered by your insurance plan with pre-tax dollars.

Unfortunately, we cannot provide a definitive list of "qualified medical expenses." A determination of whether an expense is for "medical care" is based on all the relevant facts and circumstances. To be an expense for medical care, the expense has to be primarily for the prevention or alleviation of a physical or mental defect or illness. More information can be found on irs.gov website at: <https://www.irs.gov/pub/irs-pdf/p502.pdf>.